PSI National Barber-Cosmetology Theory Examinations

Test Taker Study Guide

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Purpose and Use

The following learning objectives identify the knowledge test takers should develop when preparing for the PSI National Theory Examinations. They are based on the examination content outline and the job-related knowledge identified through the job analysis.

This document is intended to supplement the existing PSI National Theory Content Outlines, not replace them, but to further define areas of study. PSI National Theory Content Outlines are listed in the current Test Taker Guides and found at https://www.psiexams.com

Master Barber

1. Safety and Infection Control

- Explain how infectious diseases and pathogens may be transmitted during barbering services and identify measures used to prevent exposure.
- Differentiate among cleaning, disinfection, and sterilization and determine the appropriate level of decontamination for barbering tools, equipment, and surfaces.
- Select and apply appropriate procedures for cleaning and disinfecting contaminated tools, machines, equipment, and workstations between clients and at the end of the day.
- Identify appropriate cleaning and disinfection products and explain how they are used according to product labels and manufacturers' directions.
- Distinguish between single-use and multi-use items and determine when an item must be discarded, cleaned, or disinfected.
- Explain procedures for responding to exposure incidents using Standard or Universal Precautions.
- Identify safe procedures for storing and labeling chemicals, materials, and cleaned or disinfected implements.
- Interpret relevant information found on a Safety Data Sheet and recognize prohibited materials or substances.
- Explain the workplace-safety roles of OSHA, EPA, and FDA as they relate to barbering services.
- Apply precautions related to protective coverings, ventilation, water temperature, thermal appliances, electrical equipment, and equipment maintenance.
- Identify signs of an adverse chemical reaction and determine the appropriate response.

2. Client Consultation and Hair and Skin Analysis

- Use client intake, consultation, and consent information to identify service needs, allergies, health conditions, previous services, and possible contraindications.
- Determine when a barbering service should be performed, modified, postponed, or declined.
- Recognize circumstances in which a client should be advised to seek a medical opinion.
- Identify the basic structures and functions of the hair, scalp, and skin.
- Analyze the condition of the hair, scalp, and skin and select services and products appropriate for the client.
- Recognize common hair, scalp, and skin diseases and disorders that may affect service decisions.
- Explain the purpose and procedure of an allergic-reaction or patch test.
- Recognize signs of adverse reactions before, during, and after a service and determine the appropriate response.

3. Hairstyling

- Select products, tools, and procedures for styling straight, wavy, curly, and over-curly hair.
- Explain procedures for blow-drying and thermal curling while protecting the client's hair and scalp.
- Apply safety precautions when testing and using thermal styling tools.
- Explain basic procedures for braiding, locking, and other textured-hair styling services.
- Describe the application, maintenance, and removal of hair additions, extensions, pieces, replacements, and enhancements.

4. Haircutting

- Select haircutting procedures appropriate for different hair types, textures, growth patterns, and desired results.
- Explain the safe and effective use of shears, razors, clippers, trimmers, and related implements.
- Determine how hair and scalp conditions may affect tool selection and haircutting procedures.
- Apply precautions that reduce the risk of cuts, irritation, cross-contamination, and client injuries.

5. Haircoloring

- Explain color theory and use it to support basic haircolor selection and formulation decisions.
- Analyze the hair and scalp before a color service and determine whether the service is appropriate.
- Explain how hair type, texture, porosity, prior chemical services, and existing color may affect color results.
- Describe the safe mixing, application, processing, and removal of haircolor products according to manufacturers' directions.
- Explain the purpose and procedure of a strand test and use the results to guide service decisions.
- Explain the safe application of haircolor products on different hair types, including virgin and chemically treated hair.
- Apply precautions when coloring overprocessed hair or hair containing metallic dyes, compound dyes, or mineral buildup.
- Explain the safe use and application of lightening products.
- Describe precautions for applying appropriate coloring products to facial hair.

6. Chemical Texture Services

- Analyze the hair and scalp to determine whether a chemical texture service is appropriate.
- Differentiate among permanent waving, chemical relaxing, and other chemical texturing services.
- Explain the safe application and removal of chemical texture products on virgin and chemically treated hair.
- Identify precautions related to product selection, chemical compatibility, timing, processing, and manufacturers' directions.
- Monitor chemical-processing and recognize signs of overprocessing, hair damage, scalp irritation, or an adverse reaction.

- Evaluate chemical-processing results and determine whether corrective action or service termination is necessary.

7. Skin Care

- Prepare and protect the client for facial and skin-care services.
- Select skin-care products and procedures appropriate for the client's skin type and condition.
- Explain safe procedures for cleansing facials and chemical or mechanical exfoliation.
- Apply and remove hot towels safely.
- Explain the safe use of skin-care tools, machines, and devices.
- Identify appropriate facial massage movements and recognize conditions that contraindicate massage.
- Identify appropriate scalp-care treatments.

8. Shaving

- Analyze the client's skin, facial hair, and hair-growth pattern before performing a shave.
- Identify contraindications that require a shave to be modified, postponed, or declined.
- Prepare the client's skin and facial hair using appropriate products and procedures.
- Select and apply lather and other shaving products safely.
- Differentiate among freehand, backhand, reverse freehand, and reverse backhand shaving strokes.
- Determine the safe direction of a shaving stroke based on hair-growth patterns and the area being shaved.
- Apply appropriate skin-stretching techniques and safely shave around the mouth, ears, and other facial contours.
- Handle, maintain, and store shaving tools and equipment safely.
- Remove and dispose of razor blades in a manner that prevents injury and contamination.
- Apply appropriate post-shave procedures and products.

Barber II

1. Safety and Infection Control

- Explain how infectious diseases and pathogens may be transmitted during barbering services and identify measures used to prevent exposure.
- Differentiate among cleaning, disinfection, and sterilization and determine the appropriate level of decontamination for barbering tools, equipment, and surfaces.
- Select and apply appropriate procedures for cleaning and disinfecting contaminated tools, machines, equipment, and workstations between clients and at the end of the day.
- Identify appropriate cleaning and disinfection products and explain how they are used according to product labels and manufacturers' directions.
- Distinguish between single-use and multi-use items and determine when an item must be discarded, cleaned, or disinfected.
- Explain procedures for responding to exposure incidents using Standard or Universal Precautions.
- Identify safe procedures for storing and labeling chemicals, materials, and cleaned or disinfected implements.
- Interpret relevant information found on a Safety Data Sheet and recognize prohibited materials or substances.
- Explain the workplace-safety roles of OSHA, EPA, and FDA as they relate to barbering services.
- Apply precautions related to protective coverings, ventilation, water temperature, thermal appliances, electrical equipment, and equipment maintenance.
- Identify signs of an adverse chemical reaction and determine the appropriate response.

2. Client Consultation and Hair and Skin Analysis

- Use client intake, consultation, and consent information to identify service needs, allergies, health conditions, previous services, and possible contraindications.
- Determine when a barbering service should be performed, modified, postponed, or declined.
- Recognize circumstances in which a client should be advised to seek a medical opinion.
- Identify the basic structures and functions of the hair, scalp, and skin.
- Analyze the condition of the hair, scalp, and skin and select services and products appropriate for the client.
- Recognize common hair, scalp, and skin diseases and disorders that may affect service decisions.
- Explain the purpose and procedure of an allergic-reaction or patch test.
- Recognize signs of adverse reactions before, during, and after a service and determine the appropriate response.

3. Hairstyling

- Select products, tools, and procedures for styling straight, wavy, curly, and over-curly hair.
- Explain procedures for blow-drying and thermal curling while protecting the client's hair and scalp.
- Apply safety precautions when testing and using thermal styling tools.
- Explain basic procedures for braiding, locking, and other textured-hair styling services.
- Describe the application, maintenance, and removal of hair additions, extensions, pieces, replacements, and enhancements.

4. Haircutting

- Select haircutting procedures appropriate for different hair types, textures, growth patterns, and desired results.
- Explain the safe and effective use of shears, razors, clippers, trimmers, and related implements.
- Determine how hair and scalp conditions may affect tool selection and haircutting procedures.
- Apply precautions that reduce the risk of cuts, irritation, cross-contamination, and client injuries.

5. Skin Care

- Prepare and protect the client for facial and skin-care services.
- Select skin-care products and procedures appropriate for the client's skin type and condition.
- Explain safe procedures for cleansing facials and chemical or mechanical exfoliation.
- Apply and remove hot towels safely.
- Explain the safe use of skin-care tools, machines, and devices.
- Identify appropriate facial massage movements and recognize conditions that contraindicate massage.
- Identify appropriate scalp-care treatments.

6. Shaving

- Analyze the client's skin, facial hair, and hair-growth pattern before performing a shave.
- Identify contraindications that require a shave to be modified, postponed, or declined.
- Prepare the client's skin and facial hair using appropriate products and procedures.
- Select and apply lather and other shaving products safely.
- Differentiate among freehand, backhand, reverse freehand, and reverse backhand shaving strokes.
- Determine the safe direction of a shaving stroke based on hair-growth patterns and the area being shaved.
- Apply appropriate skin-stretching techniques and safely shave around the mouth, ears, and other facial contours.
- Handle, maintain, and store shaving tools and equipment safely.
- Remove and dispose of razor blades in a manner that prevents injury and contamination.
- Apply appropriate post-shave procedures and products.

Cosmetologist

1. Safety and Infection Control

- Explain how infectious diseases and pathogens may be transmitted during cosmetology services and identify measures used to prevent exposure.
- Differentiate among cleaning, disinfection, and sterilization and determine the appropriate level of decontamination for tools, equipment, and surfaces.
- Select and apply appropriate procedures for cleaning and disinfecting contaminated tools, machines, equipment, and workstations between clients and at the end of the day.
- Identify appropriate cleaning and disinfection products and explain how they are used according to product labels and manufacturers' directions.
- Distinguish between single-use and multi-use items and determine when an item must be discarded, cleaned, or disinfected.
- Explain procedures for responding to exposure incidents using Standard or Universal Precautions.
- Identify safe procedures for storing and labeling chemicals, materials, and cleaned or disinfected implements.
- Interpret relevant information found on a Safety Data Sheet and recognize prohibited materials or substances.
- Explain the workplace-safety roles of OSHA, EPA, and FDA as they relate to cosmetology services.
- Apply precautions related to protective coverings, ventilation, water temperature, thermal appliances, electrical equipment, and equipment maintenance.
- Explain how to respond to a chemical spill.
- Identify signs of an adverse chemical reaction and determine the appropriate response.

2. Client Consultation and Hair, Skin, and Nail Analysis

- Use client intake, consultation, and consent information to identify service needs, allergies, health conditions, previous services, and possible contraindications.
- Identify when parental consent may be required for an underage client.
- Determine when a cosmetology service should be performed, modified, postponed, or declined.
- Recognize circumstances in which a client should be advised to seek a medical opinion.
- Identify the basic structures and functions of the hair, scalp, skin, and nails.
- Analyze the condition of the hair, scalp, skin, and nails and select services and products appropriate for the client.
- Recognize common hair, scalp, skin, and nail diseases and disorders that may affect service decisions.
- Explain the purpose and procedure of an allergic-reaction or patch test.
- Recognize signs of adverse reactions before, during, and after a service and determine the appropriate response.
- Identify contraindications to manicure, pedicure, and nail-enhancement services.

3. Hairstyling

- Select products, tools, and procedures for styling straight, wavy, curly, and over-curly hair.
- Explain procedures for blow-drying and thermal curling while protecting the client's hair and scalp.
- Apply safety precautions when testing and using thermal styling tools.
- Explain basic procedures for braiding, locking, and other textured-hair styling services.
- Describe the application, maintenance, and removal of hair additions, extensions, pieces, replacements, and enhancements.

4. Haircutting

- Select haircutting procedures appropriate for different hair types, textures, growth patterns, and desired results.
- Explain the safe and effective use of shears, razors, clippers, trimmers, and related implements.
- Determine how hair and scalp conditions may affect tool selection and haircutting procedures.
- Apply precautions that reduce the risk of cuts, irritation, cross-contamination, and client injuries.

5. Haircoloring

- Explain color theory and use it to support basic haircolor selection and formulation decisions.
- Analyze the hair and scalp before a color service and determine whether the service is appropriate.
- Explain how hair type, texture, porosity, prior chemical services, and existing color may affect color results.
- Describe the safe mixing, application, processing, and removal of haircolor products according to manufacturers' directions.
- Explain the purpose and procedure of a strand test and use the results to guide service decisions.
- Explain the safe application of haircolor products on different hair types, including virgin and chemically treated hair.
- Apply precautions when coloring overprocessed hair or hair containing metallic dyes, compound dyes, or mineral buildup.
- Explain the safe use and application of lightening products.
- Describe precautions for applying appropriate coloring products to facial hair, eyebrows, or eyelashes.

6. Chemical Texture Services

- Analyze the hair and scalp to determine whether a chemical texture service is appropriate.
- Differentiate among permanent waving, chemical relaxing, and other chemical texturing services.
- Explain the safe application and removal of chemical texture products on virgin and chemically treated hair.
- Identify precautions related to product selection, chemical compatibility, timing, processing, and manufacturers' directions.

- Monitor chemical-processing and recognize signs of overprocessing, hair damage, scalp irritation, or an adverse reaction.
- Evaluate chemical-processing results and determine whether corrective action or service termination is necessary.

7. Skin Care

- Prepare and protect the client for facial and skin-care services.
- Select skin-care products and procedures appropriate for the client's skin type and condition.
- Explain safe procedures for cleansing facials and chemical or mechanical exfoliation.
- Apply and remove hot towels safely.
- Explain the safe use of skin-care tools, machines, and devices.
- Identify appropriate facial, manicure, and pedicure massage movements and recognize conditions that contraindicate massage.
- Identify appropriate scalp-care treatments.
- Explain safe makeup application and removal procedures.
- Explain safe procedures for softening and reducing callused skin without injuring living tissue.
- Identify methods or products that should not be used for callus removal.

8. Eyelash and Eyebrow

- Explain safe eyebrow and eyelash tinting procedures and identify relevant product ingredients and precautions.
- Apply and remove eyelash enhancements safely.
- Select and use artificial eyelash adhesive and remover products safely.
- Explain safe application procedures for chemical eyelash services.

9. Hair Removal

- Select appropriate tools, implements, materials, and products for facial and body hair removal.
- Explain safe hair-removal procedures using depilatories, waxing, sugaring, tweezing, and threading.
- Differentiate among types of wax and sugar products and determine safe service temperatures.
- Identify health conditions, pharmaceuticals, and topical products that may affect hair-removal services.
- Identify contraindications that require a hair-removal service to be modified, postponed, or declined.
- Apply infection-control practices that prevent cross-contamination, including appropriate glove use and avoiding double dipping.
- Use bracing techniques that reduce the risk of client injury.

10. Nail Care

- Identify contraindications to nail, pedicure, and nail-enhancement services and determine when to modify or decline a service.
- Recognize nail diseases and disorders that affect service decisions.
- Select and safely use nail products, implements, tools, and equipment, including UV and LED nail lamps.
- Perform manicure and pedicure procedures in a manner that prevents injury and infection.
- File and buff natural nails and nail enhancements without damaging the nail plate or surrounding tissue.
- Trim and groom cuticles without cutting or damaging living tissue.
- Explain safe callus-removal procedures.
- Maintain appropriate nail-station ventilation and control dust and other particulate matter.
- Apply infection-control practices while clipping and filing nails and protect multi-use product containers from contamination.
- Select products and procedures for repairing a natural nail while reducing the risk of injury or infection.
- Differentiate among common artificial nail-enhancement systems, including acrylic, gel, tips, adhesives, and wraps.
- Explain procedures for applying, maintaining, repairing, and removing artificial nail enhancements according to manufacturers' directions.

Hairstylist

1. Safety and Infection Control

- Explain how infectious diseases and pathogens may be transmitted during hairstyling services and identify measures used to prevent exposure.
- Differentiate among cleaning, disinfection, and sterilization and determine the appropriate level of decontamination for tools, equipment, and surfaces.
- Select and apply appropriate procedures for cleaning and disinfecting contaminated tools, machines, equipment, and workstations between clients and at the end of the day.
- Identify appropriate cleaning and disinfection products and explain how they are used according to product labels and manufacturers' directions.
- Distinguish between single-use and multi-use items and determine when an item must be discarded, cleaned, or disinfected.
- Explain procedures for responding to exposure incidents using Standard or Universal Precautions.
- Identify safe procedures for storing and labeling chemicals, materials, and cleaned or disinfected implements.
- Interpret relevant information found on a Safety Data Sheet and recognize prohibited materials or substances.
- Explain the workplace-safety roles of OSHA, EPA, and FDA as they relate to cosmetology services.
- Apply precautions related to protective coverings, ventilation, water temperature, thermal appliances, electrical equipment, and equipment maintenance.
- Identify signs of an adverse chemical reaction and determine the appropriate response.

2. Client Consultation and Hair and Skin Analysis

- Use client intake, consultation, and consent information to identify service needs, allergies, health conditions, previous services, and possible contraindications.
- Determine when a hairstyling service should be performed, modified, postponed, or declined.
- Recognize circumstances in which a client should be advised to seek a medical opinion.
- Identify the basic structures and functions of the hair, scalp, and skin.
- Analyze the condition of the hair, scalp, and skin and select services and products appropriate for the client.
- Recognize common hair, scalp, and skin, diseases and disorders that may affect service decisions.
- Explain the purpose and procedure of an allergic-reaction or patch test.
- Recognize signs of adverse reactions before, during, and after a service and determine the appropriate response.

3. Hairstyling

- Select products, tools, and procedures for styling straight, wavy, curly, and over-curly hair.
- Explain procedures for blow-drying and thermal curling while protecting the client's hair and scalp.
- Apply safety precautions when testing and using thermal styling tools.
- Explain basic procedures for braiding, locking, and other textured-hair styling services.
- Describe the application, maintenance, and removal of hair additions, extensions, pieces, replacements, and enhancements.

4. Haircutting

- Select haircutting procedures appropriate for different hair types, textures, growth patterns, and desired results.
- Explain the safe and effective use of shears, razors, clippers, trimmers, and related implements.
- Determine how hair and scalp conditions may affect tool selection and haircutting procedures.
- Apply precautions that reduce the risk of cuts, irritation, cross-contamination, and client injuries.

5. Haircoloring

- Explain color theory and use it to support basic haircolor selection and formulation decisions.
- Analyze the hair and scalp before a color service and determine whether the service is appropriate.
- Explain how hair type, texture, porosity, prior chemical services, and existing color may affect color results.
- Describe the safe mixing, application, processing, and removal of haircolor products according to manufacturers' directions.
- Explain the purpose and procedure of a strand test and use the results to guide service decisions.
- Explain the safe application of haircolor products on different hair types, including virgin and chemically treated hair.
- Apply precautions when coloring overprocessed hair or hair containing metallic dyes, compound dyes, or mineral buildup.
- Explain the safe use and application of lightening products.
- Describe precautions for applying appropriate coloring products to facial hair, eyebrows, or eyelashes.

6. Chemical Texture Services

- Analyze the hair and scalp to determine whether a chemical texture service is appropriate.
- Differentiate among permanent waving, chemical relaxing, and other chemical texturing services.
- Explain the safe application and removal of chemical texture products on virgin and chemically treated hair.
- Identify precautions related to product selection, chemical compatibility, timing, processing, and manufacturers' directions.

- Monitor chemical-processing and recognize signs of overprocessing, hair damage, scalp irritation, or an adverse reaction.
- Evaluate chemical-processing results and determine whether corrective action or service termination is necessary.

Esthetician

1. Safety and Infection Control

- Explain how infectious diseases and pathogens may be transmitted during esthetic services and identify measures used to prevent exposure.
- Differentiate among cleaning, disinfection, and sterilization and determine the appropriate level of decontamination for tools, equipment, and surfaces.
- Select and apply appropriate procedures for cleaning and disinfecting contaminated tools, machines, equipment, and workstations between clients and at the end of the day.
- Identify appropriate cleaning and disinfection products and explain how they are used according to product labels and manufacturers' directions.
- Distinguish between single-use and multi-use items and determine when an item must be discarded, cleaned, or disinfected.
- Explain procedures for responding to exposure incidents using Standard or Universal Precautions.
- Identify safe procedures for storing and labeling chemicals, materials, and cleaned or disinfected implements.
- Interpret relevant information found on a Safety Data Sheet and recognize prohibited materials or substances.
- Explain the workplace-safety roles of OSHA, EPA, and FDA as they relate to esthetic services.
- Apply precautions related to protective coverings, ventilation, water temperature, electrical equipment, and equipment maintenance.
- Identify signs of an adverse chemical reaction and determine the appropriate response.

2. Client Consultation and Skin Analysis

- Use client intake, consultation, and consent information to identify service needs, allergies, health conditions, previous services, and possible contraindications.
- Identify when parental consent may be required for an underage client.
- Determine when an esthetic service should be performed, modified, postponed, or declined.
- Recognize circumstances in which a client should be advised to seek a medical opinion.
- Identify the basic structures and functions of the skin and related hair structures.
- Analyze the condition of the skin and select services and products appropriate for the client.
- Recognize common skin diseases and disorders that may affect service decisions.
- Explain the purpose and procedure of an allergic-reaction or patch test.
- Recognize signs of adverse reactions before, during, and after a service and determine the appropriate response.

3. Skin Care

- Prepare and protect the client for facial and skin-care services.
- Select skin-care products and procedures appropriate for the client's skin type and condition.
- Explain safe procedures for cleansing facials and chemical or mechanical exfoliation.
- Apply and remove hot towels safely.
- Explain the safe use of skin-care tools, machines, and devices.
- Identify appropriate facial massage movements and recognize conditions that contraindicate massage.
- Explain safe makeup application and removal procedures.

4. Makeup

- Explain safe makeup application and removal procedures that protect the client from injury.
- Use hygienic makeup practices, including disposable applicators and an artist palette.
- Apply appropriate bracing techniques during makeup services.

5. Eyelash and Eyebrow

- Explain safe eyebrow and eyelash tinting procedures and identify relevant product ingredients and precautions.
- Apply and remove eyelash enhancements safely.
- Select and use artificial eyelash adhesive and remover products safely.
- Explain safe application procedures for chemical eyelash services.

6. Hair Removal

- Select appropriate tools, implements, materials, and products for facial and body hair removal.
- Explain safe hair-removal procedures using depilatories, waxing, sugaring, tweezing, and threading.
- Differentiate among types of wax and sugar products and determine safe service temperatures.
- Identify health conditions, pharmaceuticals, and topical products that may affect hair-removal services.
- Identify contraindications that require a hair-removal service to be modified, postponed, or declined.
- Apply infection-control practices that prevent cross-contamination, including appropriate glove use and avoiding double dipping.
- Use bracing techniques that reduce the risk of client injury.

Nail Technician

1. Safety and Infection Control

- Explain how infectious diseases and pathogens may be transmitted during nail services and identify measures used to prevent exposure.
- Differentiate among cleaning, disinfection, and sterilization and determine the appropriate level of decontamination for tools, equipment, and surfaces.
- Select and apply appropriate procedures for cleaning and disinfecting contaminated tools, machines, equipment, and workstations between clients and at the end of the day.
- Identify appropriate cleaning and disinfection products and explain how they are used according to product labels and manufacturers' directions.
- Distinguish between single-use and multi-use items and determine when an item must be discarded, cleaned, or disinfected.
- Explain procedures for responding to exposure incidents using Standard or Universal Precautions.
- Identify safe procedures for storing and labeling chemicals, materials, and cleaned or disinfected implements.
- Interpret relevant information found on a Safety Data Sheet and recognize prohibited materials or substances.
- Explain the workplace-safety roles of OSHA, EPA, and FDA as they relate to nail services.
- Apply precautions related to protective barriers, ventilation, water temperature, electrical equipment, and equipment maintenance.
- Explain how to respond to a chemical spill.
- Identify signs of an adverse chemical reaction and determine the appropriate response.

2. Client Consultation and Nail Analysis

- Use client intake, consultation, and consent information to identify service needs, allergies, health conditions, previous services, and possible contraindications.
- Determine when a manicure, pedicure, or nail-enhancement service should be performed, modified, postponed, or declined.
- Recognize circumstances in which a client should be advised to seek a medical opinion.
- Identify the basic structures and functions of the skin, and natural nail.
- Analyze the condition of the skin, and nails and select services and products appropriate for the client.
- Recognize common nail and skin diseases and disorders that may affect service decisions.
- Explain the purpose and procedure of an allergic-reaction or patch test.
- Recognize signs of adverse reactions before, during, and after a service and determine the appropriate response.
- Identify contraindications to manicure, pedicure, and nail-enhancement services.

3. Skin Care

- Select skin-care products and procedures appropriate for the client's condition.
- Apply and remove hot towels safely.
- Explain the safe use of skin-care tools, machines, and devices.
- Identify appropriate manicure, and pedicure massage movements and recognize conditions that contraindicate massage.
- Explain safe procedures for softening and reducing callused skin without injuring living tissue.
- Identify methods or products that should not be used for callus removal.

4. Nail Care

- Identify contraindications to nail, pedicure, and nail-enhancement services and determine when to modify or decline a service.
- Recognize nail diseases and disorders that affect service decisions.
- Select and safely use nail products, implements, tools, and equipment, including UV and LED nail lamps.
- Explain how to respond to a chemical spill.
- Perform manicure and pedicure procedures in a manner that prevents injury and infection.
- File and buff natural nails and nail enhancements without damaging the nail plate or surrounding tissue.
- Trim and groom cuticles without cutting or damaging living tissue.
- Explain safe callus-removal procedures.
- Maintain appropriate nail-station ventilation and control dust and other particulate matter.
- Apply infection-control practices while clipping and filing nails and protect multi-use product containers from contamination.
- Select products and procedures for repairing a natural nail while reducing the risk of injury or infection.
- Differentiate among common artificial nail-enhancement systems, including acrylic, gel, tips, adhesives, and wraps.
- Explain procedures for applying, maintaining, repairing, and removing artificial nail enhancements according to manufacturers' directions.

Electrologist

1. Safety and Infection Control

- Explain how infectious diseases and pathogens may be transmitted during electrology services and identify measures used to prevent exposure.
- Differentiate among cleaning, disinfection, and sterilization and determine the appropriate level of decontamination for tools, equipment, and surfaces.
- Select and apply appropriate procedures for cleaning and disinfecting contaminated tools, machines, equipment, and workstations between clients and at the end of the day.
- Explain procedures for sterilizing or disinfecting contaminated tools, including the use of steam or dry heat, when appropriate.
- Identify appropriate cleaning and disinfection products and explain how they are used according to product labels and manufacturers' directions.
- Distinguish between single-use and multi-use items and determine when an item must be discarded, cleaned, disinfected, or sterilized.
- Explain procedures for responding to exposure incidents using Standard or Universal Precautions.
- Identify safe procedures for storing and labeling chemicals, materials, and cleaned or disinfected implements.
- Interpret relevant information found on a Safety Data Sheet and recognize prohibited materials or substances.
- Explain the workplace-safety roles of OSHA, EPA, and FDA as they relate to electrology services.
- Apply precautions related to protective coverings, ventilation, water temperature, electrical equipment, and equipment maintenance.
- Identify signs of an adverse chemical reaction and determine the appropriate response.

2. Client Consultation and Hair and Skin Analysis

- Use client intake, consultation, and consent information to identify service needs, allergies, health conditions, previous services, and possible contraindications.
- Identify when parental consent may be required for an underage client.
- Determine when an electrology service should be performed, modified, postponed, or declined.
- Recognize circumstances in which a client should be advised to seek a medical opinion.
- Identify the basic structures and functions of the hair and skin.
- Analyze hair diameter, growth characteristics, skin type, and skin condition to support service and probe-selection decisions.
- Recognize common hair and skin diseases and disorders that may affect service decisions.
- Explain the purpose and procedure of an allergic-reaction or patch test.
- Recognize signs of adverse reactions before, during, and after a service and determine the appropriate response.

3. Electrolysis Treatment and Analysis

- Explain the basic principles of electrology and permanent hair removal.
- Select an appropriate probe based on hair diameter and skin type.
- Prepare the skin before treatment, including cleansing and confirming relevant allergy information.
- Explain safe treatment procedures and infection-control requirements for electrology services.
- Differentiate among galvanic, high-frequency, and blend hair-removal methods.
- Select and apply appropriate post-treatment products and procedures.
- Recognize potential adverse treatment reactions, including blanching, bleeding, and bruising, and determine the appropriate response.
- Use a sharps container correctly for the disposal of probes and other sharps.

Educator

1. Learning and Communication

- Assess learner performance and identify factors that may affect learning.
- Recognize learner behavior in an educational setting and use it to support instruction.
- Identify learner abilities, personalities, interests, learning styles, and multiple intelligences.
- Differentiate among learning approaches such as simulation, repetition, and assimilation.
- Select written, verbal, nonverbal, and visual communication methods appropriate for the learner and instructional purpose.
- Use media-production and visual-media principles to support clear communication.
- Identify and apply appropriate learner accommodations.

2. Curriculum and Lesson Plans

- Explain principles and methods used to design curricula and lesson plans.
- Align curriculum content, lesson activities, and instructional methods with intended learning outcomes.
- Use current instructional best practices and relevant publications when planning instruction.
- Identify current methods, practices, and developments in Career and Technical Education.
- Incorporate applicable public-health and safety laws and regulations into curriculum and lesson planning.

3. Teaching Methods

- Select instructional methods appropriate for different learners, content, and educational settings.
- Create learning environments that support participation, practice, and achievement.
- Apply motivational and engagement strategies for learners with different needs and learning styles.
- Select and use educational aids and technology tools to support instruction.
- Use a Learning Management System to organize and deliver instruction.
- Adapt teaching methods for distance-learning environments.

4. Learner Evaluation and Assessment Methods

- Align assessments with learning objectives and intended learning outcomes.
- Differentiate between formative and summative assessments and select the appropriate type for the instructional purpose.
- Use measures, indicators, and assessment practices to determine learner progress and evaluate outcomes.
- Develop or use rubrics and grading principles to evaluate learner performance consistently.

- Provide feedback that supports learner improvement.
- Apply academic-advisement and coaching practices based on learner performance and needs.

5. Classroom Management

- Maintain accurate learner records in accordance with applicable requirements.
- Apply educator professionalism in interactions, instructional decisions, and classroom responsibilities.
- Design and manage a classroom that supports a safe and effective learning environment.
- Apply classroom-management strategies to motivate learners and address disruptive behavior.
- Identify resources that may support learner mental health.
- Implement classroom safety procedures and identify potential hazards in the learning environment.
- Apply relevant laws and regulations to classroom management and safety decisions.

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